

BLOCKS

Steakhouse

1 FROM THE BLOCKS GRILL SELECT YOUR MAIN

8oz Sirloin Steak	GF, DF	£17.95
8oz Rib Eye Steak	GF, DF	£18.95
8oz Fillet Steak	GF, DF	£21.95
14oz Sirloin Steak	GF, DF	£28.95
Polenta Chicken	GF, DF	£13.95
Chicken Breast Fillet	GF, DF	£13.95
Lamb Rack	GF, DF	£18.95
Salmon Steak	GF, DF	£16.95
Portobello ¼ Pounder	V	£12.95

OUR PROMISE...

All of our meat,
poultry & eggs are
sourced from local
Cumbrian farms.

THE CHOICE IS
YOURS...

Select any main
from our grill & get
TWO SIDES &
A SAUCE FOR FREE!

2 SELECT TWO FREE SIDES

BLOCKS Chips	GF, V, DF, VE
Grilled Veg	GF, DF, V, VE
Spicy Rice	GF, DF, V, VE
Chunky Slaw	GF, V
Grilled Halloumi	GF, V
Mini Superfood Salad	GF, DF, V, VE
Griddled Corn	GF, DF, V, VE
Mac 'n' Cheese	V
Balsamic Mushrooms	GF, DF, V, VE
Sweet Potato Bites	GF, DF, V, VE

EXTRA SIDES JUST £2.99

3 SELECT YOUR FREE SAUCE

Peppercorn	GF
Teriyaki	DF, V, VE
BLOCKS Signature Butter	GF, V
Hot Habañero	GF, DF, V, VE
Chimichurri	GF, DF, V, VE
Watercress & Almond Pesto	GF, V
Cumbrian Stilton	GF, V
Simply Seasoned	GF, DF, V, VE

EXTRA SAUCES JUST £1.99

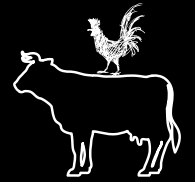
BEFORE YOU
DECIDE...

Check out our
specials board for
guest steaks, sides &
sauces!

GF = Gluten Free DF = Dairy Free V = Vegetarian VE = Suitable for Vegans
Please ask a member of the team for full allergen information.

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We support local

SOMETHING TO START

JUST £4.95

Wings 3 Ways - teriyaki, BBQ & hot habañero (DF)

Sticky Cumberland Sausages - honey-glazed with toasted sesame seeds (GF, DF)

Loaded Nachos - topped with cheese, guacamole, salsa, sour cream, jalapeños & refried beans (GF)

Superfood Salad - fresh leaves with quinoa, avocado, super seeds & popcorn (GF, DF, V, VE)

Carpaccio - lightly seared fillet of beef with ginger & soy (GF, DF)

Corn Fritters - served with a cucumber & yoghurt dip (V)

King Prawns - grilled in a chilli & lime butter (GF)

BLOCKS Platter for 2 just £8.95

Wings, Sausages, Corn Fritters & Nachos to share

MAINS

SIZZLING FAJITAS

JUST £13.50

CHICKEN

Succulent chicken breast with a fiery marinade on a bed of grilled peppers & onions (GF)

STEAK

Prime cut steak strips with a fiery marinade on a bed of grilled peppers & onions (GF)

FLAMIN' VEG

Seasonal vegetables grilled with peppers & onions in a fiery marinade (GF, V, VE)

CHOOSE 3 FREE TOPPINGS - EXTRA TOPPINGS JUST £1.50 EACH

Salsa

Sour Cream

Guacamole

Cheddar Cheese

Refried beans

Jalapeños

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